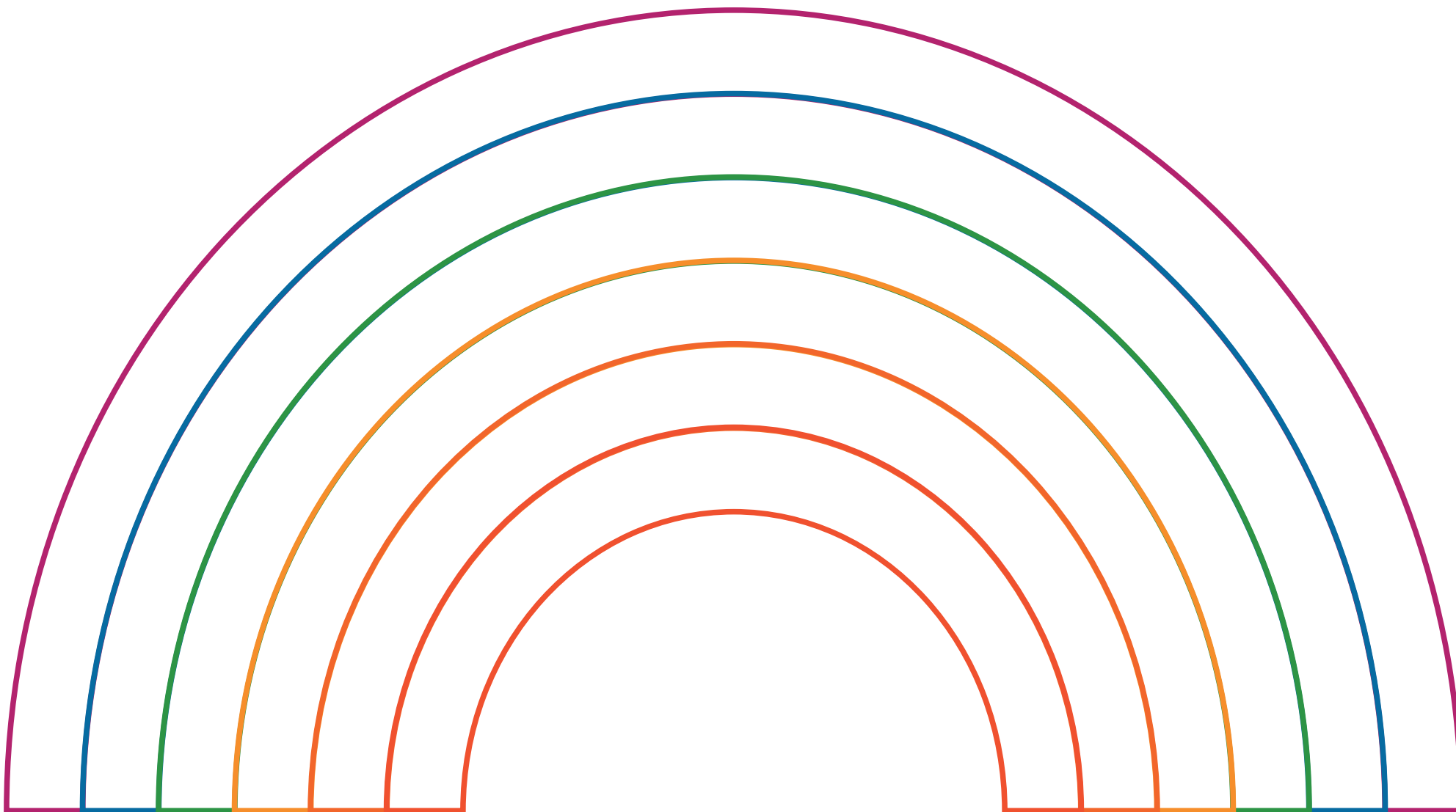


# Thrive Rainbow Colour Hunt

How many colours can you find? Explore your home, settings, local park, woods or garden to see how many of the Thrive colours you can find. Use the rainbow below to draw, glue or write what you discover!



We would like to see your completed sheets! Go to the Thrive Facebook, Twitter or Instagram pages to send us a direct message, attaching photos of your work. We'll then share them! You can also email your photos to [socialmedia@thriveapproach.com](mailto:socialmedia@thriveapproach.com).

Please check the specific Covid-19 guidance for your area and only use this activity if it is safe to do so  
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